

Springfield Public Schools



Community Education

Fall 2023

www.springfield.mntm.org ~ 507-723-4284

ADVISORY COUNCIL

The Community Education Advisory Council works with the Community Education Director and Coordinator to offer a variety of classes of interest to the people of all ages throughout the district.

Roseanne Kaseforth, Comm. Ed.

Coordinator/Summer Rec. Director

Keith Kottke, Superintendent

John Ryan, President

Megan Quesenberry, Vice-President

Janet Simonsen, ECFE

Beth Steffl, St. Raphael's School

Katie Mueller

Cheryl Diede

Sharon Sturm

Wendy Krier

Jessica Potter

GENERAL INFORMATION

Unless stated otherwise, all classes require a minimum of six prepaid participants at least one week prior to the date of the first class session.



Registration Procedure

Pre-registration is a necessity!

Registration is not complete unless accompanied by payment.

For each class that you are registering for, write a check payable to Springfield Community Education. Complete the registration form (on the back page) and mail along with your check(s) to:



Springfield Community Education
12 South Burns Avenue
Springfield, MN 56087

- FEES ARE NOT REFUNDABLE after the first class, except in an emergency.
- To cancel, call the Community Education office at 723-4284 OR email: commed@springfield.mntm.org at least 24 hours prior to the start of class.

Cancellation Policy

Classes may be cancelled because of lack of enrollment. In this case, you will be notified and your check returned to you. If class is cancelled because of inclement weather you will be notified prior to the class starting time and the class will be rescheduled at a later date.

Instructors Needed!

Springfield Community Education is continually looking for individuals who are willing to share their skills, hobbies, and talents with others. If you, or know someone who might be interested in instructing a class, please contact the Community Education Coordinator at 507-723-4284.

United Way of Brown County



Many initiatives are offered through Brown County Area United Way. One of the long standing programs has been the Youth Activities Scholarship Program. Young people ages 4-18 whose family income is insufficient to meet the activity and equipment fees, are eligible. Call 507-354-6512 OR visit: www.unitedwaybrowncountyarea.org

"55 Alive" Defensive Driving

These courses are for people age 55 and older who can receive a discount on their auto insurance by completing the course. First time students must take an eight-hour course, but repeat students can take a four-hour refresher course to qualify for the discount. Please be sure to include your driver's license number and date of birth on your registration. **Please call the Comm. Ed office for more information about taking the first time, 8 hour class.**

4 Hour Course—Renewal

When: Thurs., Oct. 26, 2023

Time: 5-9 pm

Where: Springfield Community Center

Instructor: Kathy Pederson

Cost: \$27.00

Registration Deadline: Wed., Oct. 18, 2023

4 Hour Course—Renewal

When: Wed., March 13, 2024

Time: 12-4 pm

Where: Springfield Community Center

Instructor: Kathy Pederson

Cost: \$27.00

Registration Deadline: Wed., March 6, 2024

4 Hour Course—Renewal

Defensive Driving



When: Tues., April 23, 2024

Time: 5-9 pm

Where: Springfield Community Center

Instructor: Kathy Pederson

Cost: \$27.00

Registration Deadline: Tues., April 16, 2024



Water Fitness

Springfield Community Education and Microtel Inn and Suites are teaming together to offer these classes. A weekday morning class will be offered, instructor: Diane Arnsdorf. OR Monday &/or Thursday evenings, starting at 5pm. Instructor: Donna Krueger. Class size is limited, you must pre-register. Cost: \$6/session. Call the Comm. Ed. Office before attending your first class @ 507-723-4284.



MN Careers Website

Looking to advance your career or get training to start a new career? Visit the SW Minnesota Private Industry Council's website to get you started at: <https://www.swmnpic.org/career-pathways/training/>



Join Springfield Community Theatre and Springfield Community Education to enjoy the production of "Footloose."

The musical is the story of a small town where dancing is outlawed. Considered a "jukebox musical" with familiar songs used to accompany the script, *Footloose* is considered one of the most successful among its type. The production is based on the 1984 movie that starred Kevin Bacon and was remade as a movie in 2011.

The production is scheduled for **November 17-19, 2023** at Springfield Public Schools. Watch the *Springfield Advance Press* for ticket information and show times as the date draws closer.

Fresh Start Fall! Adult Exercise



Group exercise with emphasis on guiding principles from “Outlive: The Science and Art of Longevity” by Dr. Peter Attia. Sessions include thoughtfully programed exercise for various capabilities and conditioning levels—focusing on stability, strength and cardiovascular health. Class is for all adults of all ages, moderate-heavy exercise intensity. Class meets every **Monday and Thursday morning, 5:30-6:30 am through Nov. 16, 2023. Cost: \$10/session.** Led by Sheena Dauer DPT with Springfield Physical Therapy. Call Comm. Ed Office to register @ 507-723-4284.

Medicare 101



This presentation introduces what is covered by Parts A, B, C and D of Medicare, as well as what additional insurance options are available. The enrollment process and options for enrollment in Medicare will be discussed along with the personal costs of the program. We will address the donut hole and eligibility for extra help with prescription drug costs. **Online Class will be held: Wednesday, Dec. 13, 2023 from 12—1:30 pm.** Classes sponsored by Minnesota Senior Linkage Line. To register, visit: <https://mnraaa.org/calendar/>

Planning for Long Term Care



Planning for long term care is a thorough workshop about long term care (nursing home) planning options. The federal and state Medicaid laws can cause difficulties and also create great opportunities. Come learn about what you can do now or later to plan for a possibility of long term care. Whether your goal is to retain control of your assets, leave an inheritance to your loved ones or choose how you want to be taken care of if you become disabled, this workshop is for you. **Thursday, November 2, 2023 at 6:30pm,** SPS, Room C123. Instructor: Estate Planning & Elder Law Attorney, Cassandra Lustfield. Cost: FREE. Register by Thursday, Oct. 26, 2023.

BLS CPR Class



Most cardiac arrests happen outside the hospital, where bystander CPR is really important. You can make a difference, and the first step is learning CPR. You never know when you might need to use the CPR skills for someone you know or even one of your loved ones. Paula Thomas, Springfield Ambulance will be leading the class. Everyone who wants to learn these basics, join us on **Saturday, Nov. 11, 2023** from 8-12 noon at SPS Media Center. Cost: \$65. Class size is limited. Register by Thursday, Nov. 2, 2023.

Google Sheets for Awesome Beginners



Expand your skills with Google Sheets and use this training for a lifetime! Whether it's for work or for play, this class will teach you comprehensive skills which will turn you from a Sheets novice into a Sheets expert. You will learn to enter, organize, refine, analyze, and visualize your data using Google Sheets. **Online Class will be held: Monday, October 10, 2023 from 12-1pm. The class recording will be sent to all registered, so that you don't have to attend at the exact time.** Follow-up support is also included from the instructor and students are encouraged to reach out with questions at any time before or after the class concludes. Instructor: Nickie Welsh, Social Club Simple. Cost: \$20.00. Register by Friday, Sept. 29, '23.

Spring Wreath Decor



Think Spring! Make something special for your door this spring. In this workshop, students will create their own unique spring door wreath. This hands-on arrangement will be suitable for both beginners and experienced floral designers. All supplies will be available for purchase at the class. Instructor: Char Frank, Springfield Floral. **Tuesday, February 27, 2024 at 6:30 pm.** Springfield Floral. Cost: \$10 + supplies. Register by Tuesday, February 20, 2024.

After-School Activities for Students

A variety of after-school activities for area children in grades K-6 are planned for this fall. The youth fall newsletter with class details was sent home with all Springfield elementary students in September. To view the fall youth newsletter on-line, visit: <https://www.springfield.mntm.org>, then click on the "Community" tab.



Social Media for Business

Driving new customer traffic to your website and promoting your business is imperative in today's technology world. Don't let your skillset or company get left behind by missing the key social media rules you need to know! In this class, you'll learn how to craft a simple but effective social media marketing strategy, listen directly to customers and implement tips to grow your business all while staying organized without technology overwhelm. **Online Class will be held: Thursday, November 30, 2023 from 12-1pm. The class recording will be sent to all registered, so that you don't have to attend at the exact time.** Follow-up support is also included from the instructor and students are encouraged to reach out with questions at any time before or after the class concludes. Instructor: Nickie Welsh, Social Club Simple. Cost: \$20.00. Register by Tuesday, Nov. 21, 2023.

ECFE

ECFE and Learning Readiness Classes are sponsored by the Springfield Public School and Community Education. Classes are held late afternoons and evenings. The Early Childhood teacher will design crafts, activities, learning games, stories, songs, circle time, etc., which promote social, emotional, physical and intellectual growth.

Fall classes in October will be held: Mondays, Oct. 2, 9 and 16. Come anytime during the hours of 4:30-6:30 pm. Cost: \$1/session.

Additional ECFE dates to remember:

Oct. 17th—Early Childhood Screening

Nov. 11th—Sat. Morning Run & Play

Dec. 4th—Festive Family Fun

Call Springfield Elementary School for more information about classes & to register at 507-723-4286.



Join **Springfield Community Education** on Facebook!
@springfieldcomm

Springfield Community Education REGISTRATION FORM

Make checks payable to: Springfield Community Education
Mail to: Springfield Community Education
12 South Burns Avenue, Springfield, MN 56087
Please write a separate check for each registered class.

Name _____ Home Phone _____

Address _____ Work/Cell Phone _____

City _____ State _____ Zip Code _____

Class Name/Date: _____ Fee: _____

Class Name/Date: _____ Fee: _____

Class Name/Date: _____ Fee: _____

Date of Birth _____ Driver's License # _____

(Needed Defensive Driving Classes only.)

